280621

**SINO-NORDIC DOCTORAL TRAINING**

***AGEING AND SERVICES IN CHANGING SOCIETIES***

**PRELIMINARY PROGRAMME AND REQUIREMENTS IN FORCE**

INTRODUCTORY SESSIONS ONLINE IN 2020 - 2021

December 2020 Presentation of the students’ research topics

March 2021 Small-group discussions on the required articles and presentation of the main results

June 2021 Connecting the students’ research topics with the themes of the training after preparatory work in the thematic groups

ONLINE LECTURE SESSIONS IN THE AUTUMN SEMESTER 2021 (2 hours per month)

***8 September Introduction and methodological issues***

10:00 - 13:00 Kirsi LUMME-SANDT (Chair): How to include the oldest old into

Finnish time research?

Riitta SUHONEN: Ethical challenges in studying older people

Elisa TIILIKAINEN: Doing Randomised Controlled Trials (RCT) with older people? - methodological and ethical considerations

***6 October Digitalisation***

10:00 - 12:00 Eija KÄRNÄ (Chair): How to support older adults’ digital literacy

Finnish time PAN Tianshu: Between Hype and Hope: Ethnographic Perspectives on Everyday (or Actually Existing) Gerontechnology in Shanghai's Aging Communities

***2 November Health management and public health policy***

9:00 - 11:00 HU Yan (Chair): Evidence based healthcare: model and application for Finnish time decision-making

Jenni KULMALA: Promotion of brain health

YAN Fei: Health reform and community health care in China

***1 December Human ageing and healthy longevity***

9:00 - 11:00 (Chair: Andreas MOTEL-KLINGEBIEL)

Finnish time Evandro Fei FANG: Molecular mechanisms of human ageing and how to achieve a healthy longevity?

THEMATIC GROUP WORK IN THE AUTUMN SEMESTER 2021

* the thematic groups work online between the lecture sessions, 2 hours per meeting
* one of the teachers in each group will send the invitations to the meetings
* discussions about the topics of the lecture sessions from the angle of the students’ own research topics and related to the common theme of the group
* students will write **together** a report of 2 - 3 pages on their reflections of each topic of the lecture session in question and uploading the reports to Moodle (no oral presentation)
* feedback on the reports is given by the teachers of each group by email

REQUIREMENTS FOR THE ONLINE LECTURE SESSIONS AND FOR THE THEMATIC GROUP MEETINGS IN THE AUTUMN SEMESTER 2021 (3 ECTS CREDITS)

* presentation of one’s own research topic on two slides (completed by most of the students in December 2020)
* reading the 2 required articles (completed by most of the students before the 2nd online meeting in March 2021)
* active participation in all online lecture sessions from September 2021 onwards
* active participation in all thematic group meetings from September 2021 onwards
* if unable to attend, independent replacement tasks are given by the teachers of the lecture session or by the teachers of the thematic group meeting in question
* active participation = discussions, presentations and reports
* attendance in two lecture sessions and in two thematic group meetings is obligatory for completing the training and for receiving the certificate
* the recognition of the credits depends on the regulations of each student’s home university

PRELIMINARY PROGRAMME AT THE NORDIC CENTRE AT FUDAN UNIVERSITY, SHANGHAI, 5 DAYS IN THE SPRING SEMESTER (MAY?) 2022

**Monday**

8:30 Registration

9:30 Opening of the intensive study period

10:00 Introductory panel discussion: the four themes of the training

12:30 Lunch

13:30 - 17:00 Lectures

Andreas MOTEL-KLINGEBIEL: Social relations of older adults

REN Yuan: Ageing in China and strategic responses

18:00 - 20:00 Welcoming dinner

**Tuesday**

9:00 Lectures

CHEN Honglin: Providing services for older adults in China

Minna ZECHNER: Care of older adults in the Nordic countries

Tarja VÄLIMÄKI: Family caregiving in community, progressive memory disorders and care

12:30 Lunch

13:00 - 17:00 Field trips for example to

* a geriatric hospital or ward in a hospital: traditional Chinese medicine
* an NGO, a neighborhood center, a day care center or a community canteen
* technology-based service provider

**Wednesday**

10:00 Lectures

JIA Shoumei: Mental health issues of older adults

Kaisa MISHINA: Mental health interventions among older adults

12:30 Lunch

13:30 - 17:00 Parallel sessions in thematic groups tutored by a Chinese and a Nordic teacher: students introduce their research

In the evening Preparing presentations on the experiences of the field trips in the thematic groups

**Thursday**

9:00 Lectures

LIN Ka: Four ideas of ageing policies and active ageing

CHEN Yanyan: Health social work for older adults

Outi JOLANKI: Housing policies and new models of senior housing and care

GU Donghui: Elderly-friendly communities in China?

12:45 Lunch

13:30 - 17:00 Parallel sessions in thematic groups tutored by a Chinese and a Nordic teacher: students introduce their research

**Friday**

9:00 - 10:00 Presentations on the field trip experiences and discussion

10:00 - 11:30 Lectures

LIN Ka: Grandparenthood

Ilkka PIETILÄ: Grandparenthood

11:30 Lunch

13:30 - 16:00 Eija KÄRNÄ and a Chinese colleague (CHEN, Honglin?): Discussion on future visions and plans (learning café)

18:00 - 20:00 Farewell dinner

REQUIREMENTS FOR THE INTENSIVE STUDY PERIOD IN SHANGHAI (2 ECTS CREDITS)

* active participation in the 5-day programme